

# *SECTION 3 -*



*WOMEN IN SOCIETY*



## BEING A WOMAN IN SOCIETY TODAY – KEY FACTS AND STATISTICS

### Women and education:

At age 16 many subjects are taken by similar numbers of girls and boys, but this changes at A level/Higher grade where, for example, 71% of students taking examinations in English literature are women and 76% of students taking physics are men.

'Facts about women and men in Great Britain 2006', EOC

If graduate debt rises to £26,000 (which is likely under top-up fees) it would take a woman earning £36,000, with two children, 19-and-a-half years to pay back what she owes. By contrast, a man earning the same salary would take 15 years. This research assumes a woman will have children and take career breaks after each child is born and work part-time when her children are young.

Research compiled by the House of Commons Library, released in December 2003.

The prospect of high student debts deters female pupils from going to university more than male pupils. In a survey commissioned by NUS, two-thirds of female pupils said they would not go into higher education if it meant graduating with £10,000 of debt; less than half of male pupils felt the same.

'The attitudes of Year 10 pupils in England and Wales to Higher Education – Final Report', NUS, October 2003. Research conducted by Ms J Watson & Prof. A Church, School of the Environment, University of Brighton.

Unequal pay makes student debt harder on women. Within five years of leaving college, women students can expect to be earning 15% less than their male counterparts.

EOC, 2002

In higher education, 81% of computer science students are male, and 86% of engineering and technology students are male. 82% of education students are female.

'Facts about women and men in Great Britain 2006', EOC

More extreme segregation of young women and men is seen in apprenticeships. Over nine-tenths of hairdressing apprentices are women, whilst at least 98% of apprentices in construction, the motor industry and plumbing are men.

'Facts about women and men in Great Britain 2006', EOC officer handbook 2006-07 35

In further education, men make up 87% of engineering, technology and manufacturing students, and 95% of construction students. Women make up 93% of FE students in hairdressing and beauty therapy.

'Facts about women and men in Great Britain 2006', EOC

### Women and work:

In 2005, average hourly earnings for women working full-time were £11.67, and for men were £14.08. This gave a full-time gender pay gap of 17.1%.

'Facts about women and men in Great Britain 2006', EOC

*I AM TIRED OF WOMEN'S BODIES BEING USED TO SELL ANYTHING FROM SOAPS TO CARS!*

Anonymous submission to the NUS Women's Campaign 'Body Beautiful' sound bites project in 2004

Part-time women earned £8.68 on average, and comparing this figure with men's average full-time earnings of £14.08 gives a part-time gender pay gap of 38.4%.

'Facts about women and men in Great Britain 2006', EOC

Since 1975 women's employment has increased from around six out of ten to seven out of ten (70%) for women of working age (16 – 59).

'Facts about women and men in Great Britain 2006', EOC

Part-time work is the most common alternative working arrangement, used by 42% of women employees and 9% of men employees. Overall 57% of women employees and 23% of men employees use one or more of the following arrangements: part-time, flexitime, annualised hours, term-time working, job share and homeworking.

'Facts about women and men in Great Britain 2006', EOC

49% of disabled women work compared with 75% of women who are not disabled.

'Facts about women and men in Great Britain 2006', EOC

...ethnic minority women in this research have encountered far greater difficulties than White women when aiming to enter or progress in the labour market according to their potential. There is also evidence here of greater incidences of certain types of sex discrimination suffered by Black Caribbean, Pakistani and Bangladeshi women compared to White women.

'Moving on up? Ethnic minority women and work Pakistani, Bangladeshi and Black Caribbean women and employment survey: aspirations, experiences and choices', EOC, 2006

For every ten women in employment, six work in just ten occupations, typically those that pay the least.

'Equality, Opportunity and Choice: Tackling Occupational Segregation', published by the Department of Trade and Industry, October 2004

Less than 10,000 women were working in plumbing occupations in spring 2003, compared with 191,000 men. It is estimated by the Construction Industry Training Board (CITB) that 29,000 new plumbers will be needed by 2007.

'Plugging Britain's skills gap: challenging gender segregation in training and work', EOC, May 2004

Three-quarters of the 290,000 UK women of working age with degrees in science, engineering or technology fail to take up careers in those fields, despite having had related work experience.

QinetiQ research, October 2003

The proportion of women working in engineering occupations is 8%. The National Employers Skills Survey reported 30% skills shortage vacancies as a proportion of the total vacancies in engineering in 2003. It is estimated that an additional 10,000 young people will be needed for engineering apprenticeships by 2005.

'Plugging Britain's skills gap: challenging gender segregation in training and work', EOC, May 2004

**Violence against women:**

16% of women experience stalking at some time in their lives.

'Key Indicators of Women's Position in Britain', November 2002, Women and Equality Unit, DTI



**One in four women experience domestic violence at some point in their lives.**

'Safety and Justice: the Government's proposals on domestic violence', June 2003, Home Office

**Two women are murdered every week by their current or former partner.**

Fawcett Society's Commission on Women and the Criminal Justice System 2003

**Women are at greatest risk of homicide at the point of separation or after leaving a violent partner.**

Lees, 2000, cited in Women's Aid's Domestic Violence Statistical Fact Sheet, 2002

**42% of female homicide victims, compared with 4% of male homicide victims, were killed by current or former partners in England and Wales in 2000/1.**

Home Office statistics 2001, cited in Women's Aid's Domestic Violence Statistical Fact Sheet, 2002

**Violence against women causes more deaths and disability among women aged 15 to 44 than cancer, malaria, traffic accidents or war.**

Heise, Pitanguy and Germain, World Bank Discussion Paper 225, 1994

**Women in positions of power:**

**Of the 23 members of the UK Government's Cabinet, only 8 are women.**

From [www.fawcettsociety.org.uk](http://www.fawcettsociety.org.uk)

**Women make up 19.7% of the total number of MPs in the Westminster Parliament.**

'Facts about women and men in Great Britain 2006', EOC

**The Scottish Parliament is 40% female and the National Assembly for Wales is 50% female.**

'Facts about women and men in Great Britain 2006', EOC

**There are only two ethnic minority women MPs at Westminster, and 13 men.**

'Facts about women and men in Great Britain 2006', EOC

**Women made up 11.1% of university vice chancellors**

'Facts about women and men in Great Britain 2006', EOC

**Women made up 28.6% of FE college principals in 2004**

'Facts about women and men in Great Britain 2006', EOC

**Women made up 22.4% of trade union general secretaries or equivalent in 2005**

'Facts about women and men in Great Britain 2006', EOC

**1 in 10 senior police officers is a woman.**

'Facts about women and men in Great Britain 2006', EOC

**Women and body image:**

**Only 3% of women in the UK are happy with their body.**

Image survey commissioned by REAL magazine, November 2002

**Women and caring responsibilities:**

**Women are more likely than men to be carers in every age group except amongst those aged 65 and over.**

Fawcett Briefing: Time Spent Caring

**Two-thirds of mothers with children worked, including over dependent children work and 55% of those with children under five.**

Facts about women and men in Great Britain 2006, EOC

### Women around the world:

Women work two-thirds of the world's working hours, produce half of the world's food, and yet earn only 10% of the world's income and own less than 1% of the world's property.

World Development Indicators, 1997

70% of the world's extreme poor (on less than the equivalent of \$1 per day) are women.

World Development Indicators, 1997

Two-thirds of the 876 million illiterate people in the world are women

World's Women 2000, UN

The UN Millennium Project, a panel of more than 250 experts from all over the world, identifies gender inequality as one of the primary drivers of poverty and social exclusion. This is because discrimination effectively squanders human

capital by denying one half of humanity the right to realize their full potential. More than 1.7 billion women worldwide are in their reproductive and productive years between the ages of 15 and 49. Targeted investments in their education, reproductive health, economic opportunity and political rights can spur growth and sustainable development for generations to come.

UN Populations Fund, The State of World Population report, 2005

Two-thirds of school-age children in the developing world without access to education are girls.

World's Women 2000, UN

Globally, one woman dies from a problem relating to pregnancy every minute.

The World's Women 1995: Trends and Statistics

*WOMEN COMPRISE MORE THAN HALF THE WORLD'S POPULATION. WOMEN ARE 70% PERCENT OF THE WORLD'S POOR, AND TWO-THIRDS OF THOSE WHO ARE NOT TAUGHT TO READ AND WRITE. WOMEN ARE THE PRIMARY CARETAKERS FOR MOST OF THE WORLD'S CHILDREN AND ELDERLY. YET MUCH OF THE WORK WE DO IS NOT VALUED - NOT BY ECONOMISTS, NOT BY HISTORIANS, NOT BY POPULAR CULTURE AND NOT BY GOVERNMENT LEADERS.*

Hillary Rodham Clinton's address to the fourth UN World Conference on Women, Beijing, China, Sep. 5, 1993.

*I MYSELF HAVE NEVER BEEN ABLE TO FIND OUT PRECISELY WHAT FEMINISM IS. I ONLY KNOW THAT PEOPLE CALL ME A FEMINIST WHENEVER I EXPRESS SENTIMENTS THAT DIFFERENTIATE ME FROM A DOORMAT.*

Rebecca West, 1913, novelist and journalist



## BEING A WOMAN IN PARLIAMENT – WOMEN MPS, BARONESSES AND MINISTERS

The number of women in the UK Parliament in Westminster is still far from representative of the number of women in society. There are 126 women MPs in the House of Commons. Although this is the highest number of female MPs ever, women still only make up 19.5% of the total number of MPs. Of the 23 members of the Cabinet, only 8 are women. Women represent only 25.6% of the UK members of the European Parliament (MEPs). 40% of the Scottish Parliament are women, and 50% of the National Assembly for Wales.

If you are interested in getting yourself or your students involved in some parliamentary action just get in contact with [kat.stark@nus.org.uk](mailto:kat.stark@nus.org.uk).

Getting overtly political can be really empowering for your students.

### Contacting the Ministers for Women:

The Minister for Women is now Rt Hon Ruth Kelly MP, Secretary of State for Communities and Local Government.

She is supported by Meg Munn MP.

Contact both of them via the MP contact instructions

### Finding a baroness:

There are loads! Go to <http://www.parliament.uk/directories/directories21.cfm> to find the directory of Peers.

Also consider finding out which Peers are linked to your college and get in contact with them!

### Finding your local MP:

Go to <http://www.upmystreet.com/commons/l/> to locate your MP or if you need to print out a list of them all (for postcard writing, petitioning etc) go to <http://www.parliament.uk/directories/directories.cfm>

*FAT IS A FEMINIST ISSUE*

Susie Orbach, from the book of the same title

*DOES FEMINIST MEAN LARGE UNPLEASANT PERSON WHO'LL SHOUT AT YOU OR SOMEONE WHO BELIEVES WOMEN ARE HUMAN BEINGS? TO ME IT'S THE LATTER, SO I SIGN UP.*

Margaret Atwood, novelist

## BEING IN TOUCH WITH EXTERNAL ORGANISATIONS – USEFUL CONTACTS

This section is divided into the following themes:

- women's rights organisations/bodies
- internet gateways
- welfare
- organisations for lesbian and bisexual women
- organisations for black women
- organisations for women with disabilities
- equal pay
- childcare
- reproductive rights
- stop violence against women
- body image
- international solidarity

Listed under these thematic titles are useful organisations for women's officers, their contact details and an extract from their website or information brochure.

Whilst NUS Women's Campaign has been careful to check the suitability of these organisations as contact points for women's officers, it cannot be held responsible for the work or advice of any external organisation. Neither should this list be treated as exhaustive.

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### WOMEN'S RIGHTS ORGANISATIONS/BODIES

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#### Equal Opportunities Commission

"The Equal Opportunities Commission is the leading agency working to eliminate sex discrimination in 21st Century Britain. If women and men had equal chances in life, things would be different. We're working on it..."

#### Great Britain

Arndale House, Arndale Centre  
 Manchester  
 M4 3EQ  
 t: 0845 601 5901  
 f: 0161 838 1733  
 e: info@eoc.org.uk

#### Scotland

St. Stephen's House  
 279 Bath Street  
 Glasgow  
 G2 4JL  
 t: 0845 601 5901  
 e: scotland@eoc.org.uk

#### Wales

Windsor House, Windsor Lane  
 Cardiff  
 CF10 3GE  
 t: 0845 601 5901  
 f: 029 2064 1079  
 e: wales@eoc.org.uk

w: www.eoc.org.uk

For a useful accessible paper with stats you can use, try googling 'Sex and Power: Who Runs Britain?' and you should get to a really good report by the EOC.



### Engender

“ENGENDER is an information, research and networking organisation for women in Scotland, working with other groups locally and internationally to improve women’s lives and increase their power and influence. The organisation campaigns to ensure that women and their concerns have greater visibility and equal representation at all levels of Scottish society.”

26 Albany Street,  
Edinburgh EH1 3QH  
**t:** 0131 558 9596  
**f:** 0131 558 3532  
**e:** [info@engender.org.uk](mailto:info@engender.org.uk)  
**w:** [www.engender.org.uk](http://www.engender.org.uk)

### Fawcett Society

“Fawcett is the UK’s leading campaign for equality between women and men. Our vision is of a society in which women and men are equal partners in the home, at work and in public life. We campaign for changes which will lead to improvements in women’s lives. When we speak, people listen.”

1-3 Berry Street, London EC1V 0AA  
**t:** 020 7253 2598  
**f:** 020 7253 2599  
**e:** [info@fawcettsociety.org.uk](mailto:info@fawcettsociety.org.uk)  
**w:** [www.fawcettsociety.org.uk](http://www.fawcettsociety.org.uk)

### The F-Word

“The F-Word is an online magazine dedicated to talking about and sharing ideas on contemporary UK feminism.

This webzine exists to help encourage a new sense of community among UK feminists, and to show the doubters that feminism still exists here, today, now - and is as relevant to the lives of the younger generation as it was to those in the 60s and 70s.”  
**w:** [www.thefword.org.uk](http://www.thefword.org.uk)

### Older Feminist Network

“The OFN was formed in 1982 and has met regularly ever since in order to give voice to the the concerns of older women which we felt were being ignored in feminist circles and in society generally.”

**t:** 020 8346 1900 (evenings)  
**e:** [bmdouglas@supanet.com](mailto:bmdouglas@supanet.com)  
**w:** [www.ofn.org.uk](http://www.ofn.org.uk)

### The Pankhurst Centre

“The Pankhurst Centre provides a women only space that creates a unique environment in which women can learn together, work on projects and socialise. It is a combination of two projects: a Women's Centre and a Heritage Project.”

60 - 62 Nelson Street, Chorlton on Medlock,  
Manchester M13 9WP  
**t:** 0161 273 5673  
**f:** 0161 274 4979  
**e:** [pankhurst@zetnet.co.uk](mailto:pankhurst@zetnet.co.uk)  
**w:** [www.thepankhurstcentre.org.uk](http://www.thepankhurstcentre.org.uk)

### Rights of Women

“Rights of Women works to attain justice and equality by informing, educating and empowering women on their legal rights.”

52-54 Featherstone Street, London, EC1Y 8RT.  
**t (advice line):** 020 7251 6577  
**t (administration line):** 020 7251 6575/6  
**f:** 020 7490 5377  
**e:** [info@row.org.uk](mailto:info@row.org.uk)  
**w:** [www.rightsofwomen.org.uk](http://www.rightsofwomen.org.uk)

### The Women’s Library

“The Women’s Library is a cultural centre, housing the most extensive collection of women’s history in the UK.”

Old Castle Street, London E1 7NT  
**t:** 020 7320 2222  
**f:** 020 7320 2333  
**w:** [www.londonmet.ac.uk/thewomenslibrary/](http://www.londonmet.ac.uk/thewomenslibrary/)

### **The Women and Equality Unit, Department of Trade and Industry**

"The Ministers for Women, supported by the Women and Equality Unit (WEU), lead on gender equality in Government. They also have responsibility for equality in relation to sexual orientation and equality co-ordination across government. The aim of the Women and Equality Unit is to reduce and remove barriers to opportunity for all. We are working with colleagues across Government to bring about measurable improvements in the position of women which benefit society generally; and to promote equality for all, particularly in the development and delivery of Government policy and services."

Women and Equality Unit, 1 Victoria Street,  
London SW1H 0ET

**t:** 020 7215 5000

**Minicom:** 020 7215 6740

**e:** info-womenandequalityunit@dti.gsi.gov.uk

**w:** www.womenandequalityunit.gov.uk

### **The Women's National Commission**

"The Women's National Commission is the official, independent, advisory body giving the views of women to the Government. It is the only organisation of this kind in the UK. It ensures that women's views are taken into account by the Government and are heard in public debate."

Women's National Commission

1 Victoria Street  
London SW1H 0ET

**t:** 020 7215 6933

**f:** 020 7215 2840

**e:** wnc@dti.gsi.gov.uk

**w:** www.thewnc.org.uk

### **Women's Resource Centre**

"Generating, promoting and sustaining voluntary action that improves the status of women"

Ground Floor East, 33-41 Dallington Street,  
London, EC1V 0BB

**t:** 020 7324 3030

**f:** 020 7324 3050

**e:** info@wrc.org.uk

**w:** www.wrc.org.uk

### **Trade Union Congress (TUC)**

"The TUC is the voice of Britain at work. With 70 affiliated unions representing nearly seven million working people from all walks of life, we campaign for a fair deal at work and for social justice at home and abroad. We negotiate in Europe, and at home build links with political parties, business, local communities and wider society."

Congress House, Great Russell Street,  
London WC1B 3LS

**t:** 020 7636 4030

### **YWCA England and Wales**

"Through our network of 18 youth and community projects, working in over 40 locations, we support young women experiencing poverty, unemployment, violence, abuse and isolation, and campaign with them to overcome the barriers to their full participation in society."

We work with young women aged between 11 and 30 from any racial, ethnic or religious background, working in or reaching out to areas of social and economic deprivation in England and Wales."



Clarendon House, 52 Cornmarket Street,  
Oxford OX1 3EJ  
t: 01865 304200  
f: 01865 204805  
e: info@ywca.org.uk  
w: www.ywca-gb.org.uk

**YWCA Scotland**  
Scottish National Council, 7b Randolph Crescent,  
Edinburgh EH3 7TH  
t: 0131 225 7592  
f: 0131 467 7008  
e: info@ywcascotland.org  
w: www.ywcascotland.org

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## INTERNET GATEWAYS

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### **WomenWatch – the UN internet gateway on the advancement and empowerment of women**

“WomenWatch is a gateway to the information and resources on the promotion of gender equality throughout the United Nations system, including the United Nations Secretariat, regional commissions, funds, programmes, specialized agencies.”

w: [www.un.org/womenwatch/](http://www.un.org/womenwatch/)

### **fe-mail – a women’s internet project**

“fe-mail is a women’s initiative, set up by women, for women, to explore the possibilities of the Internet. fe-mail is a YWCA Youth and Community project

LG2, The Media Centre, 7 Northumberland St,  
Huddersfield, West Yorkshire HD1 1RL

t: 01484 483030 or 01484 483131

e: [all@f-mail.demon.co.uk](mailto:all@f-mail.demon.co.uk)

w: [www.f-mail.demon.co.uk](http://www.f-mail.demon.co.uk)

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## WELFARE

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### **Positively Women**

“Positively Women is the only national charity working to improve the quality of life of women and families affected by HIV.”

347-349 City Road  
London EC1V 1LR

t (administration): 9:30am-5pm Monday to Friday:  
020 7713 0444

### **Helpline staffed by HIV positive women:**

10am-4pm Monday to Friday 020 77130222

f: 020 7713 1020

e: [info@positivelywomen.org.uk](mailto:info@positivelywomen.org.uk)

w: [www.positivelywomen.org.uk](http://www.positivelywomen.org.uk)

**Alice Kilvert Tampon Alert**

"Alice Kilvert Tampon Alert was set up formally in March 1993. It aims to raise awareness of the possibility of developing Toxic Shock Syndrome during tampon use and to offer support to women who have survived and to bereaved families."

16 Blinco Road, Urmston, Manchester M41 9NF

**t:** or **f:** 0161 748 3123

**e:** Enquiries@TamponAlert.org.uk

**w:** www.tamponalert.org.uk

**Breakthrough Breast Cancer**

"Breakthrough Breast Cancer is a charity committed to fighting breast cancer through research and awareness."

246 High Holborn  
London WC1V 7EX

**t:** 020 7025 2400

**f:** 020 7025 2401

**e:** info@breakthrough.org.uk

**w:** www.breakthrough.org.uk

For donations or credit card orders in the post use the secure PO Box address:

Breakthrough Breast Cancer, PO Box 8138,  
Halesowen B63 3FH

**Toxic Shock Syndrome Information Service**

"The Toxic Shock Syndrome Information Service provides accurate and balanced information on Toxic Shock Syndrome (TSS)."

For a free leaflet TSS: Know the Facts which answers the most common questions about TSS write to:

46 Bridge Street, Godalming, Surrey GU7 1HL

**t:** 020 7617 8040 (A pre-recorded advice line which summarises the facts about toxic shock syndrome)

**w:** www.tssis.com

**Women's Health**

"Women's Health provides health information on gynaecological health issues such as heavy bleeding, fibroids, hysterectomy, the menopause and HRT, pelvic inflammatory disease and ovarian problems."

52 Featherstone Street London EC1Y 8RT

**Health Enquiry Helpline:**

**t:** 0845 125 5254 (local rate)

Monday-Friday: 9.30am - 1.30pm

**minicom:** 020 7490 5489

**e:** health@womenshealthlondon.org.uk

(Women's Health aim to reply to emails within 3 to 5 working days. If you need a speedier response, call the helpline.)

**t: (Administration)** 020 72516333

**f:** 020 7250 4152

**w:** www.womenshealthlondon.org.uk

*EVERY WOMAN KNOWS THAT, REGARDLESS OF ALL HER OTHER ACHIEVEMENTS, SHE IS A FAILURE IF SHE IS NOT BEAUTIFUL...THE UK BEAUTY INDUSTRY TAKES 8.9 BILLION A YEAR OUT OF WOMEN'S POCKETS.*

Germaine Greer, 'The Whole Woman'



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**ORGANISATIONS FOR LESBIAN AND BISEXUAL WOMEN**

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**NUS Lesbian Gay Bisexual Trans Campaign**

“The National Union of Students Lesbian, Gay, Bisexual, Trans Campaign is the national representative voice for LGBT students. The campaign provides support to LGBT societies in students’ unions and runs campaigns, training and networks at local and national levels. We run workshops and meetings on all the issues faced by LGBT students including: education, gay parenting, employment rights and sexual health. If you would like us to run an event at your institution please get in touch.

The LGBT campaign is a democratic campaign holding two conferences each year attended by delegates from students’ unions’ LGBT societies. At these conferences we elect the national LGBT committee and the officers. We are currently campaigning on a wide range of issues including: homophobia in sport, blood donation, legal recognition and rights, and gay parenting.”

**National LGBT Officer (Women’s Place):**

Claire Anderson

**National LGBT Officer (Open place):**

Scott Cuthbertson

NUS, 2nd Floor, Centro 3, Mandela Street,  
London NW1 0DU

**t:** 0871 221 8221

**e:** [lgbt@nus.org.uk](mailto:lgbt@nus.org.uk)

**w:** [www.nusonline.co.uk/lgbt](http://www.nusonline.co.uk/lgbt)  
[www.officeronline.co.uk/lgbt](http://www.officeronline.co.uk/lgbt)

**Beyond Barriers**

“The aim of this website is to provide you with comprehensive, reliable, and up-to-date information on a wide range of issues affecting LGBT people. With new information and news being added every day, we hope that this site will become the first stop for people looking for information about LGBT issues, groups, and services.”

**Beyond Barriers**

11 Dixon Street, Glasgow, G1 4AL

**t:** 0141 574 0242

**text:** 0141 574 0240

**e:** [info@beyondbarriers.org.uk](mailto:info@beyondbarriers.org.uk)

**w:** [www.beyondbarriers.org.uk](http://www.beyondbarriers.org.uk)

**Broken Rainbow**

“A 24 hour helpline service for lesbian, gay, bisexual and transgender people who are experiencing domestic violence. If possible please call during office hours.”

c/o HGLC 40 Borough High Street,  
London SE1 1BS

**t:** 07812 644 914 (Helpline)

**w:** [www.broken-rainbow.org.uk](http://www.broken-rainbow.org.uk)

**DIVA**

“Diva magazine was launched in 1994 and remains Europe’s only mainstream lesbian magazine.”

**w:** [www.divamag.co.uk/diva/](http://www.divamag.co.uk/diva/)

**The Lesbian Gay Foundation**

“Our dedicated staff are producing a wide range of resources for both lesbians and gay men on a wide range of issues, including: safer sex, sexual health, mental health, smoking, alcohol and drugs, community safety...the list goes on.”

Princess House, 105-107 Princess Street,  
Manchester M1 6DD

**t:** 0161 235 8035

**f:** 0161 235 8036

**Helpline:** 0845 330 3030

**e:** [info@lgf.org.uk](mailto:info@lgf.org.uk)

**LGBT Helplines**

For a list of local LGBT helplines in the UK go to:

**w:** [www.queery.org.uk/StaticPages/Advice.asp](http://www.queery.org.uk/StaticPages/Advice.asp)

**Lesbian and Gay Employment Rights (LAGER)**

"Lesbian and Gay Employment Rights is an independent voluntary organisation which gives advice, information, and support to lesbians, gay men and bisexual people who are having trouble at work."

Unit 1g, Leroy House  
436 Essex Road, London, N1 3QP

**t (admin):** 020 7704 2205

**lesbian helpline:** 020 7704 8066

**f:** 020 7704 6067

**e:** info@lageradvice.org.uk

**w:** www.lager.dircon.co.uk

**Lesbian Information Service**

"Lesbian Information Service is an independent organisation. Set up in July 1987 by Jan Bridget (Foster) and Sandra Lucille, it has provided one-to-one support to lesbians of all ages and backgrounds throughout Britain via face-to-face work, support groups, helplines, publications, newsletter, pen-pal schemes, telephone and correspondence counselling, residentials, campaigns, training, and projects."

P.O. Box 8, Todmorden, Lancashire OL14 5TZ

**t:** 01706 817235

**w:** www.lesbianinformationservice.org

**Older Lesbian Network**

"Age 40+ Lesbians (female born) meet monthly for socialising, discussion (based on feminist structure), information-sharing and fun."

c/o VAC, 295-299 Kentish Town Road  
London NW5 2TJ

**PinkParents UK**

"Whether you're starting a family or raising children. Whether you have LGB parents or are an LGB parent. Whether you're a student, a journalist, a teacher, a social worker or just interested in LGB parenting, PinkParents is for you."

Box 55, Green Leaf Bookshop, 82 Colston St,  
Bristol BS1 5BB

**t:** 0117 904 4500

**w:** www.pinkparents.org.uk/index.shtml

**The Safra Project**

"The Safra Project is a resource project working on issues relating to lesbian, bisexual and/or trans gender women who identify as Muslim religiously and/or culturally (Muslim LBT women). The Safra Project was set up in October 2001 by and for Muslim LBT women. The issues faced by Muslim LBT women, and the (combination of) prejudices based on sexual orientation, gender identity, gender, religion, race, culture and immigration status that they experience, are unique and currently insufficiently addressed."

P.O. Box 45079, London, N4 3YD

**e:** info@safraproject.org

**w:** www.safraproject.org

**Stonewall**

"Stonewall works to achieve legal equality and social justice for lesbians, gay men and bisexual people."

Stonewall, Tower Building, York Road, SE1 7NX

**t:** 020 7593 1850

**f:** 020 7593 1877

**Minicom:** 020 7633 0759

**e:** info@stonewall.org.uk

**w:** www.stonewall.org.uk



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**ORGANISATIONS FOR BLACK WOMEN**  
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**NUS Black Students' Campaign**

Ruqayyah Collector (National Executive Committee Member) has responsibility for the Black Students' Campaign and the Anti-Racism/Anti-Fascism Campaign. Ruqayyah organises events and activities throughout the year and campaigns for increased equality and representation for Black students across all levels of education, while building strong anti-racist initiatives in unions and taking on international initiatives.

**National Black Students' Officer:**

Ruqayyah Collector

NUS, 2nd Floor, Centro 3, Mandela Street,  
London NW1 0DU

**t:** 0871 221 8221

**e:** ruqayyah.collector@nus.org.uk

**w:** www.nusonline.co.uk/blackstudentscampaign  
www.officeronline.co.uk/campaignsupport/blackstudents

**The Commission for Racial Equality**

"The Commission for Racial Equality works in partnership with individuals and organisations for a fair and just society which values diversity and gives everyone an equal chance to work, learn and live free from discrimination, prejudice, and racism."

St Dunstan's House, 201-211 Borough High Street,  
London SE1 1GZ

**t:** 020 7939 0000

**f:** 020 7939 0001

**e:** info@cre.gov.uk

**w:** www.cre.gov.uk

**Imkaan**

"Imkaan is a national research and policy project, initiated by two sister projects, NAWP and Asian Women's Resource Centre (AWRC) and is currently managed by NAWP. As its flagship project, Imkaan continues to profile and advocate on behalf of the specialist refuge sector nationally, through accredited training programmes, publications and strategic liaison with government, statutory and community organisations."

76 Brewer Street, London W1F 9TX

**t:** 020 7434 9945

**w:** www.imkaan.org.uk

**The National Black Women's Network (NBWN)**

"The NBWN is a non-profit organisation dedicated to raising the status and position of black women in all walks of life."

Suite 501, International House, 223 Regent Street,  
London W1R 8QD

**t:** 020 7544 1010

**e:** info@nbwn.org

**w:** www.nbwn.org

**Newham Asian Women's Project (NAWP)**

"Newham Asian Women's Project (NAWP) is a voluntary sector organisation established in 1987 providing refuge accommodation and related support services including advice, training, mental health support, counselling, support groups, youth project and research, and development initiatives."

661 Barking Road, Plaistow, London E13 9EX

**t (general):** 020 8472 0528

**t (advice):** 020 8552 5524

**f:** 020 8503 5673

**e:** info@nawp.org

**w:** www.nawp.org

**Panahghar**

"Panahghar, an Urdu word meaning 'Safe House', is a registered charity based in Coventry, England. Panahghar is a nationally respected agency with extensive experience in the provision of direct services primarily to Asian women, their children and families for the relief of poverty, physical and mental distress, domestic violence and abuse on a local, regional and national level."

**t:** 02476 228 952

**w:** www.safehouse.org.uk

**Refugee Women's Association**

"The Refugee Women's Association (RWA) was initiated by Parvin Paidar at World University Service in 1993 as a result of the gap in the provision of culturally sensitive advice and guidance on education, training and employment as well as customised training. It initially provided support to refugee women living in Hackney. RWA was formally launched as an independent organisation in 1995 and through its funding increased its services to refugee women throughout London. It is a registered charity and a company limited by guarantee."

Print House, 18 Ashwin Street, London E8 3DL

**t :** 020 7923 2412

**f:** 020 7923 3929

**e:** info@refugeewomen.org

**w:** www.refugeewomen.org

**Southall Black Sisters**

"Southall Black Sisters, a not-for-profit organisation, was established in 1979 to meet the needs of black (Asian and African-Caribbean) women. Our aims are to highlight and challenge violence against women; empower them to gain more control over their lives; live without fear of violence; and assert their human rights to justice, equality and freedom. For more than two decades we have been at the forefront of challenging domestic and gender violence locally and nationally, and campaigning for the provision of support services to enable women and their children to escape violent relationships."

21 Avenue Road, Southall, Middlesex UB1 3BL

**t:** 020 8571 9595

**f:** 020 8574 6781

**e:** southallblacksisters@btconnect.com

**w:** www.southallblacksisters.org.uk

**The 1990 Trust**

"Black Information Link (BLINK) is the main communication channel of The 1990 Trust. The 1990 Trust is the first national black organisation set up to protect and pioneer the interest of Britain's black communities. Our approach is to engage in policy development and to articulate the needs of black communities from a black perspective."

Suite 12 Winchester House,

9 Cranmer Road, London SW9 6EJ

**t:** 020 7582 1990

**f:** 020 7793 8269

**e:** blink1990@blink.org.uk

**w:** www.blink.org.uk



ORGANISATIONS FOR WOMEN WITH DISABILITIES

**NUS Disabled Students Campaign**

Alex Kemp is the National Executive Committee member responsible for raising awareness of issues affecting disabled students. He also promotes the need for better provision for disabled students within the further and higher education sectors.

**National DS Officer:** Alex Kemp  
NUS, 2nd Floor, Centro 3, Mandela Street,  
London NW1 0DU  
**t:** 0871 221 8221  
**e:** alex.kemp@nus.org.uk  
**w:** www.nusonline.co.uk/swd  
www.officeronline.co.uk/swd

**The Disability Rights Commission (DRC)**

“The Disability Rights Commission (DRC) is an independent body, established by Act of Parliament to eliminate discrimination against disabled people and promote equality of opportunity.”

DRC Helpline, FREEPOST MID02164,  
Stratford upon Avon CV37 9BR  
**t:** 08457 622633  
**textphone:** 08457 622644  
**f:** 08457 778878  
**w:** www.drc-gb.org

**Boadicea - Disabled Women's Newsletter**

Boadicea, c/o GLAD, 336 Brixton Road,  
London SW9 7AA  
**t:** 020 7346 5800  
**f:** 020 7346 8844  
**minicom:** 020 7326 4554

**Depression Alliance**

“Depression Alliance is the leading UK charity for people affected by depression. This website contains information about the symptoms of depression, treatments for depression, as well as Depression Alliance campaigns and local groups.”

35 Westminster Bridge Road, London, SE1 7JB  
**w:** www.depressionalliance.org

**Mind (England and Wales)**

“Established in 1946, Mind now has a network of 210 local Mind associations throughout England and Wales. Our LMAs offer supported housing, crisis helplines, drop-in centres, counselling, befriending, advocacy, employment and training schemes, and other services. Our Local Mind Support Team works to support local Mind associations.”

15-19 Broadway, London E15 4BQ  
**t:** MindinfoLine 08457 660163  
**t:** 020 8519 2122  
**f:** 020 8522 1725  
**e:** contact@mind.org.uk

**Mind Cymru**

3rd Floor, Quebec House, Castlebridge,  
5-19 Cowbridge Road East, Cardiff CF11 9AB  
**t:** 029 2039 5123  
**f:** 029 2040 2041

*SELF-ESTEEM IS TRULY THE ROUTE TO REVOLUTION. WE ARE NOT IN THE HABIT OF MAKING THE CONNECTION BETWEEN SELF-ESTEEM AND DEMOCRACY, DIGNITY, POLITICAL ACTIVISM AND FREEDOM OF SEXUAL EXPRESSION – BUT IN THE FUTURE WE WILL BE.*

Anita Roddick in 'Full Voice', issue one, 1998, published by the Body Shop

### Mind Out For Mental Health

"mind out for mental health is an awareness and action campaign, working to bring about positive shifts in attitudes and behaviour surrounding mental health.

In active partnership with organisations from a wide range of sectors, mind out for mental health is producing a range of communications materials and running a series of workshops and events."

Freepost LON15335 London SE1 1BR

**w:** <http://mindout.clarity.uk.net>

**w:** [www.readthesigns.org](http://www.readthesigns.org)

### Royal National Institute of the Blind (RNIB)

"We are UK's leading charity offering information, support and advice to over two million people with sight problems."

105 Judd Street, London WC1H 9NE

**t:** 020 7388 1266

**f:** 020 7388 2034

**w:** [www.rnib.org.uk](http://www.rnib.org.uk)

### Royal National Institute For Deaf and Hard of Hearing People (RNID)

"RNID is the largest charity in the UK representing the 9 million deaf and hard of hearing people in the UK. As a membership charity, we aim to achieve a radically better quality of life for deaf and hard of hearing people." "

19-23 Featherstone Street, London EC1Y 8SL

RNID information lines (Freephone)

**t:** 0808 808 0123

**Textphone:** 0808 808 9000

**f:** 020 7296 8199

**e:** [informationline@rnid.org.uk](mailto:informationline@rnid.org.uk)

**w:** [www.rnid.org.uk](http://www.rnid.org.uk)

### SANE

"SANE has three objectives:

- to raise awareness and respect for people with mental illness and their families, improve education

and training, and secure better services

- to initiate and fund research into the causes of serious mental illness through the SANE Prince of Wales International Research Centre
- to provide information and emotional support to those experiencing mental health problems, their families and carers through SANELINE"

1st Floor, Cityside House,  
40 Adler Street, London E1 1EE

**SANELINE:** 0845 767 8000 (open from 12 noon until 2am every day of the year)

**t:** 020 7375 1002

**f:** 020 7375 2162

**e:** (admin queries only) [london@sane.org.uk](mailto:london@sane.org.uk)

**w:** [www.sane.org.uk](http://www.sane.org.uk)

### Skill

"Skill: National Bureau for Students With Disabilities. Skill is a national charity promoting opportunities for young people and adults with any kind of disability in post-16 education, training and employment across the UK."

Chapter House, 18-20 Crucifix Lane,  
London SE1 3JW

**t/minicom:** 020 7450 0620

**f:** 020 7450 0650

**e:** [skill@skill.org.uk](mailto:skill@skill.org.uk)

**w:** [www.skill.org.uk](http://www.skill.org.uk)

### Skill in Northern Ireland:

Unit 2, Jennymount Court, North Derby Street, Belfast  
BT15 3HN

**t/minicom:** 0289 028 7000

**f:** 0289 028 7002

**e:** [info@skillni.org.uk](mailto:info@skillni.org.uk)

### Skill in Scotland:

Norton Park, 57 Albion Road, Edinburgh EH7 5QY

**t/minicom:** 0131 475 2348

**f:** 0131 475 2397

**e:** [admin@skillscotland.org.uk](mailto:admin@skillscotland.org.uk)

### Skill in Wales

Students' Services Department, University of Glamorgan,  
Pontypridd, Mid-Glamorgan CF37 1DL

**t:** 01443 654 317 **f:** 01443 482 084 **e:** [rpas@glam.ac.uk](mailto:rpas@glam.ac.uk)



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**EQUAL PAY**

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**See also WOMEN'S RIGHTS ORGANISATIONS/BODIES****Kingsmill Report of Women's Pay and Employment**

"Denise Kingsmill was appointed in April 2001 to examine and report on possible non-legislative and cost-effective proposals to deliver improvements in women's employment prospects and participation in the labour market..."

**w:** [www.kingsmillreview.gov.uk](http://www.kingsmillreview.gov.uk)

**Opportunity Now**

"Opportunity Now is a business-led campaign that works with employers to realise the economic potential and business benefits that women at all levels contribute to the workforce. By inspiring employers to challenge complacency and tackle barriers to women's progress, we encourage an inclusive culture in the workplace."

Opportunity Now - Business in the Community,  
137 Shepherdess Walk, London N1 7RQ

**t:** 020 7566 8714

**f:** 020 7253 1877

**e:** [opportunitynow@bitc.org.uk](mailto:opportunitynow@bitc.org.uk)

**w:** [www.bitc.org.uk/programmes/  
programme\\_directory/opportunity\\_now/index.html](http://www.bitc.org.uk/programmes/programme_directory/opportunity_now/index.html)

**Towards a Closing of the Gender Pay Gap**

"Towards a Closing of the Gender Pay Gap is a European project on wage differences between women and men. The project is funded by the European Commission's Community Framework Strategy on Gender Equality (2001-2005) and by national authorities.

The objective of the project is to examine the gender pay gap in a broad perspective, against the backdrop of wage formation and pay systems. The project aims to identify an efficient mix of tools to close the gender pay gap in the context of each partner country."

**e:** [paygap@likestilling.no](mailto:paygap@likestilling.no)

**w:** [www.likestilling.no/genderpaygap](http://www.likestilling.no/genderpaygap)

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## CHILDCARE

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**NUS Welfare Unit Information Sheet 19 - Childcare**  
**NUS Welfare Unit Information Sheet 22 – Students**  
**and Tax Credits**  
 available at [www.nusonline.co.uk](http://www.nusonline.co.uk)

### HM Revenue & Customs – Tax Credits Online

(information on child tax credits)

“Child Tax Credit and Working Tax Credit are part of the Government's programme for tackling poverty and making work pay. Here we explain what Child Tax Credit and Working Tax Credit are and how you can get them.”

**w:** [www.taxcredits.inlandrevenue.gov.uk/Home.aspx](http://www.taxcredits.inlandrevenue.gov.uk/Home.aspx)

For general tax credits help:

**t:** Great Britain (England, Scotland and Wales)  
0845 3003900

Northern Ireland: 0845 6032000

**textphone:** 0845 3003909 if you live in Great Britain  
0845 6076078 if you live in Northern Ireland

### Daycare Trust

“Daycare Trust is the national childcare charity, campaigning for quality, affordable childcare for all children aged 0-14 and raising the voices of children, parents and carers. We advise parents and carers, providers, employers, trade unions and policymakers on childcare issues.”

21 St. George's Road, London SE1 6ES

**t:** 020 7840 3350

**f:** 020 7840 3355

**e:** [info@daycaretrust.org.uk](mailto:info@daycaretrust.org.uk)

**w:** [www.daycaretrust.org.uk](http://www.daycaretrust.org.uk)

### Gingerbread

“Nowadays, we aim to do two things: offer lone parents and their children practical and emotional support, and speak out for them in the media and politics. Gingerbread has always been a self-help organisation, so we know exactly what lone parents are going through. And our staff talk to lone parents all over the country every day, so we can pass your views on to the politicians who make the decisions that affect you.”

307 Borough High Street, London SE1 1JH

**t:** 020 7403 9500

**f:** 020 7403 9533

**e:** [office@gingerbread.org.uk](mailto:office@gingerbread.org.uk)

### Advice Line and Membership:

Freephone 0800 018 4318

**e:** [membership@gingerbread.org.uk](mailto:membership@gingerbread.org.uk)

**e:** [advice@gingerbread.org.uk](mailto:advice@gingerbread.org.uk)

**w:** [www.gingerbread.org.uk](http://www.gingerbread.org.uk)

### Surestart

“Sure Start is the government programme to deliver the best start in life for every child. We bring together, early education, childcare, health and family support.”

Sure Start Unit, Department for Education and Skills and Department for Work and Pensions, Level 2, Caxton House, Tothill Street, London SW1H 9NA

**t:** Public Enquiry Unit 0870 0002288

**e:** [info.surestart@dfes.gsi.gov.uk](mailto:info.surestart@dfes.gsi.gov.uk)

**w:** [www.surestart.gov.uk/](http://www.surestart.gov.uk/)



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## REPRODUCTIVE RIGHTS

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### Abortion Rights

“Abortion Rights is a campaigning organisation formed by the merger of the National Abortion Campaign (NAC) and the Abortion Law Reform Association (ALRA), who came together at the end of 2003.

Both these organisations have a long history in campaigning for law reform and the provision of easily accessible, woman-friendly, NHS-funded abortion services.

2-12 Pentonville Road London, N1 9FP

t: 020 7278 5539

f: 0870 705 2268

e: [choice@abortionrights.org.uk](mailto:choice@abortionrights.org.uk)

w: [www.abortionrights.org.uk](http://www.abortionrights.org.uk)

### Brook Advisory Centres

“Brook Advisory Centres - commonly known just as Brook - is the only national voluntary sector provider of free and confidential sexual health advice and services specifically for young people under 25. Brook is a registered charity, and has nearly 40 years’ experience of providing professional advice through specially trained doctors, nurses, counselors, and outreach and information workers to over 100,000 young people each year.”

421 Highgate Studios, 53-79 Highgate Road,  
London NW5 1TL

t: 020 7284 6040

f: 020 7284 6050

e: [admin@brookcentres.org.uk](mailto:admin@brookcentres.org.uk)

w: [www.brook.org.uk](http://www.brook.org.uk)

For a list of Brook centres go to:

[www.brook.org.uk/content/M1\\_gotobrook.asp](http://www.brook.org.uk/content/M1_gotobrook.asp)

### fpa

“fpa (formerly The Family Planning Association) is the only registered charity working to improve the sexual health and reproductive rights of all people throughout the UK.

We work with the public and professionals to ensure high quality information and services are available to everyone who needs them.”

w: [www.fpa.org.uk](http://www.fpa.org.uk)

### fpa England

50 Featherstone Street, London EC1Y 8QU

helpline: 0845 310 1334

t: 020 7608 5240

f: 0845 123 2349

### fpa Cymru

Cardiff - Suite D1, Canton House, 435-451  
Cowbridge Road East, Cardiff CF5 1JH

t: 029 2064 4034

f: 029 2064 4306

Bangor - Greenhouse, Trevelyan Terrace, Bangor,  
Gwynedd LL57 1AX

t: 01248 353534

f: 01248 371138

### fpa Northern Ireland

Helpline: 028 9032 5488

Belfast -113 University Street, Belfast BT7 1HP

t: 028 9032 5488

f: 028 9031 2212

e: [margaretr@fpa.org.uk](mailto:margaretr@fpa.org.uk)

Derry – 3rd Floor, 67 Carlisle Road, Derry BT48 6JL

t: 028 7126 0016

f: 028 7136 1254

### fpa Scotland

Helpline: 0141 576 5088

Unit 10, Firhill Business Centre, 76 Firhill Road,  
Glasgow G20 7BA.

t: 0141 948 1170

f: 0141 948 1172

**Marie Stopes International (MSI)**

"Marie Stopes International (MSI) was established in London in 1976 and grew out of the organisation originally set up by Dr Marie Stopes in 1921. In 1977, MSI set up its first overseas centre in Ireland and a year later set up a programme in India. Today, the MSI Global Partnership provides sexual and reproductive health information and services to 4.3 million people worldwide in 39 countries across Africa, Asia, Australia, Europe, Latin America and the Middle East."

153-157 Cleveland Street, London W1T 6QW

t: 020 7574 7400

f: 020 7574 7417

e: [info@mariestopes.org.uk](mailto:info@mariestopes.org.uk)

w: [www.mariestopes.org.uk](http://www.mariestopes.org.uk)

**Women on Waves**

"Every 5 minutes somewhere in the world a woman dies needlessly as a result of illegal, unsafe abortion. In response to this violation of women's human rights and medical need, Women on Waves operates a mobile clinic on a ship that sails to countries where abortion is illegal. This is done at the invitation of local women's organizations. With the use of a ship, early medical abortions can be provided safely, professionally and legally. Women on Waves aims to prevent unsafe abortions and empower women to exercise their human rights to physical and mental autonomy, by combining healthcare services and sexual education with advocacy."

w: [www.womenonwaves.nl](http://www.womenonwaves.nl)

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**STOP VIOLENCE AGAINST WOMEN**


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**See also ORGANISATIONS FOR LESBIAN AND BISEXUAL WOMEN and ORGANISATIONS FOR BLACK WOMEN**

**24hr National Domestic Violence Freephone**

**Helpline:** 0808 2000 247

**'Hitting Home – Domestic Violence' (BBC web site)**

"This site has information, help and support for anyone affected by domestic violence."

w: [www.bbc.co.uk/health/hh/](http://www.bbc.co.uk/health/hh/)

**Women's Aid Federation of England**

"Women's Aid Federation of England (Women's Aid) is the national charity working to end domestic violence against women and children. Our mission is to advocate for abused women and children and to ensure their safety by working locally and nationally to:

- Offer support and a place of safety to abused women and children by providing refuges and other services
- Empower women affected by domestic violence to determine their own lives
- Recognise and meet the needs of children affected by domestic violence
- Promote policies and practices to prevent domestic violence
- Raise awareness of the extent and impact of domestic violence in society"

PO Box 391, Bristol BS99 7WS

**t: National Domestic Violence 24-hour Helpline  
0808 2000 247**

t: administration 0117 944 4411

f: 0117 924 1703

e: [info@womensaid.org.uk](mailto:info@womensaid.org.uk)

w: [www.womensaid.org.uk](http://www.womensaid.org.uk)

*FEMINISM IS ABOUT EQUALITY FOR WOMEN, NOTHING MORE NOR LESS.*

Natasha Walter, 'The New Feminism'



### Welsh Women's Aid

"Welsh Women's Aid is the leading provider of services aimed specifically at helping vulnerable women and children who are experiencing domestic violence and abuse in Wales.

Welsh Women's Aid is the national umbrella organisation with a membership of 34 local Women's Aid groups situated throughout Wales."

National Office:

38-48 Crwys Road, Cardiff CF24 2NN

t: 02920 390874

f: 02920 390878

w: [www.welshwomensaid.org](http://www.welshwomensaid.org)

### Wales Domestic Abuse confidential freephone

Helpline: 0808 80 10 800

(Open between 8am and 2pm, and 8pm and 2am)

### Women's Aid Federation Northern Ireland

"Women's Aid provides a wide range of services to women and children affected by domestic violence throughout Northern Ireland. We offer a safe place to stay in refuges or outreach support for those remaining at home."

129 University Street, Belfast BT7 1HP

### 24-hour Domestic Violence Helpline:

0800 917 1414

t: 028 9024 9041

f: 028 9023 9296

e: [helpline@niwaf.org](mailto:helpline@niwaf.org)

e: (general email) [info@womensaidni.org](mailto:info@womensaidni.org)

w: [www.niwaf.org](http://www.niwaf.org)

### Women's Aid Scotland

"The History of Women's Aid in Scotland Since its inception in 1973 Women's Aid has been at the forefront of the domestic abuse debate. The feminist analysis of violence against women as a reflection of the power imbalance in society has largely informed the development of work in Scotland over the last 30 years. The beginning of this process found women activists keen to move beyond theorising to providing practical help and support."

2nd Floor, 132 Rose Street, Edinburgh EH2 3JD

t: 0131 226 6606

f: 0131 226 2996

Domestic Abuse Helpline: 0800 027 1234

w: [www.scottishwomensaid.co.uk](http://www.scottishwomensaid.co.uk)

### Rape Crisis

"This site aims to provide the basic information that survivors, friends and family need to access the services they need."

w: [www.rapecrisis.org.uk](http://www.rapecrisis.org.uk)

### Local Rape Crisis Centres:

Rape Crisis Centres in England and Wales:

[www.rapecrisis.org.uk/members.htm](http://www.rapecrisis.org.uk/members.htm)

Rape Crisis Centres in Scotland: [www.rapecrisisscotland.org.uk/local\\_centres.htm](http://www.rapecrisisscotland.org.uk/local_centres.htm)

Rape Crisis Centres in Ireland:

<http://homepage.eircom.net/~nrcci/links.htm>

*IF A WOMAN ANSWERS NO TO THE QUESTION 'ARE YOU A FEMINIST?', SHE SHOULD IMMEDIATELY BE STRIPPED OF HER VOTING RIGHTS, HER RIGHT TO INSTITUTE DIVORCE, HER LEGAL PROTECTION FROM DOMESTIC VIOLENCE AND MARITAL RAPE – OH, AND HER PAY SHOULD BE CUT TO 19% LESS THAN THAT OF HER MALE COLLEAGUES.*

**Rape Crisis and Sexual Abuse Centre (NI)**

29 Donegal Street Belfast BT1 2FG

**Crisis line:** 028 9032 9002

**t: (admin)** 028 9032 9001

**w:** [www.rapecrisisni.com](http://www.rapecrisisni.com)

**Rape Crisis Scotland**

"We are the national office for rape crisis and sexual abuse centres, part of the Scottish Rape Crisis Network.

1st Floor Central Chambers, 93 Hope Street  
Glasgow G2 6LD

**t:** 0141 248 8848

**f:** 0141 248 8748

**e:** [info@rapecrisisscotland.org.uk](mailto:info@rapecrisisscotland.org.uk)

**w:** [www.rapecrisisscotland.org.uk](http://www.rapecrisisscotland.org.uk)

**Refuge**

"Refuge's network of safe houses provides emergency accommodation for women and children when they are most in need."

2/8 Maltravers Street London. WC2R 3EE

**24 hour National Domestic Violence Freephone**

**Helpline** run in partnership between Women's Aid and Refuge - 0800 2000 247

**t (admin):** 020 7395 7700

**e:** [info@refuge.org.uk](mailto:info@refuge.org.uk)

**w:** [www.refuge.org.uk](http://www.refuge.org.uk)

**The Roofie Foundation**

"The Roofie Foundation; established 1997 - Britain's only specialised agency dealing with the issues surrounding drug rape and sexual abuse.

Originators of a help-line that provides a one-stop-shop information service for victims of drug rape and sexual abuse caused through drink spiking."

**t:** 24-hour help line - 0800 783 2980

**e:** [trf@roofie.org.uk](mailto:trf@roofie.org.uk) **w:** [www.roofie.com](http://www.roofie.com)

**The Roofie Foundation (Northern Ireland)**

c/o The Rape Crisis and Sexual Abuse Centre

29 Donegal Street, Belfast BT1 2FG

**t:** 01232 321830

**Roofie Scotland**

Crisis, Riverside House, Old Ferry Road, Erskine  
Scotland, PA8 6AX.

**t:** 0141 812 8474

**Stop Violence Against Women Campaign – Amnesty International**

"The Stop Violence Against Women campaign focuses on ending violence against women in the family and in conflict/post conflict situations: two of the most dangerous environments for millions of women throughout the world. The creation of a world in which women and girls are afforded their basic human rights is our ultimate goal."

**w:** [www.amnesty.org.uk/svaw](http://www.amnesty.org.uk/svaw)

**Suzy Lamplugh Trust**

"The Suzy Lamplugh Trust, a registered charity, is the leading authority on personal safety. Its role is to minimise the damage caused to individuals and to society by aggression in all its forms - physical, verbal and psychological."

National Centre for Personal Safety

Hampton House, 20 Albert Embankment  
London SE1 7TJ

**t:** 020 70910014

**f:** 020 70910015

**e:** [info@suzylamplugh.org](mailto:info@suzylamplugh.org)

**w:** [www.suzylamplugh.org](http://www.suzylamplugh.org)

**The Truth About Rape**

"We are a group of women who are committed to making a difference to how society understands rape."

Truth About Rape c/o CER, The Pankhurst Centre  
Department 5, 60-62 Nelson Street  
Manchester M13 9WP

**e:** [campaign@truthaboutrape.co.uk](mailto:campaign@truthaboutrape.co.uk)

**w:** [www.truthaboutrape.co.uk](http://www.truthaboutrape.co.uk)



**V-Day UK: Until the violence stops**

“Through V-Day campaigns, local people - volunteers and students produce annual benefit performances of ‘The Vagina Monologues’ to raise awareness and funds for anti-violence groups within their own communities. In 2006, over 2700 V-Day benefit events are being presented by volunteer activists around the world, educating millions of people about the reality of violence against women and girls.”

Interchange Studios, Hampstead Town Hall  
213 Haverstock Hill, London NW3 4QP  
t: 020 7431 7227  
e: info@vdayuk.org  
w: www.vdayuk.org

**Zero Tolerance**

“The Zero Tolerance Charitable Trust is an Independent charity which campaigns for the prevention of male violence against women and children. The Trust, which was established in 1995, works mainly in the UK and Europe but also has links with organisations throughout the world. The Trust works with a range of agencies to promote innovative policy and best practice that target the root causes of male violence. Zero Tolerance lobbies governments, commissions research and develops educational intervention and training programmes.”

25 Rutland Street, Edinburgh EH1 2AE  
t: 0131 221 9505  
e: zerotolerance@btconnect.com  
w: www.zerotolerance.org.uk

.....  
**BODY IMAGE**  
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**Our Bodies Ourselves (OBOS), (the Boston Women’s Health Book Collective)**

“Our Bodies Ourselves (OBOS), also known as the Boston Women’s Health Book Collective (BWHBC), is a non-profit, public interest women’s health education, advocacy, and consulting organization.”

w: www.ourbodiesourselves.org

**Object**

“Object is a group of women - and men - concerned by the way young women are increasingly shown in a sexual way in order to sell newspapers, magazines and other products.”

w: www.object.org.uk  
e: ido@object.org.uk

**Eating Disorders Association (EDA)**

“Here you will find information and help on all aspects of eating disorders including Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorder and related eating disorders.”

w: www.edauk.com

103 Prince of Wales Road, Norwich NR1 1DW  
**Adults Helpline** 0845 634 1414 (over 18 years)

**Helpline e-mail service** helpmail@edauk.com

**Youthline** 0845 634 7650 (up to and inc 18 years)

**Youthline e-mail service** talkback@edauk.com

**Youthline TEXT service** 07977 493 345 (std text rates)  
We will get back to you within 24 hours. It will take longer at weekends as we don’t work Saturday nights or Sundays.

**Text-phone Service for the hard of hearing only:**  
01603 753322

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## INTERNATIONAL SOLIDARITY

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### Action for Southern Africa (ACTSA)

"Dignity.Period! campaign. NUS is working closely with ACTSA this year to support their campaign highlighting the indignity that women in Zimbabwe are undergoing simply because they have no access to sanitary products."

**w:** [www.actsa.org](http://www.actsa.org)

**t:** 020 7833 3133

**e:** [actsa@actsa.org](mailto:actsa@actsa.org)

### Amnesty International UK

"Amnesty International UK is the UK section of the international human rights membership organisation, Amnesty International. We have 195,000 members in the UK, working together to improve human rights worldwide."

For local Amnesty groups -

**t:** 020 7033 1596

**e:** [groups@amnesty.org.uk](mailto:groups@amnesty.org.uk)

**w:** [www.amnesty.org.uk](http://www.amnesty.org.uk)

### Labour Behind the Label

"Labour Behind the Label is a membership organisation which brings together pressure groups, trade unions and individuals in support of garment workers' efforts to improve their working conditions and wages."

38 Exchange Street, Norwich, Norfolk, NR2 1AX

**t:** 01603 666160

**e:** [info@labourbehindthelabel.org](mailto:info@labourbehindthelabel.org)

**w:** [www.labourbehindthelabel.org](http://www.labourbehindthelabel.org)

### No Sweat

"No Sweat is an activist, campaigning organisation, fighting sweatshop bosses, in solidarity with workers, worldwide."

PO Box 36707, London SW9 8YA

**t:** 07904 431 959

**e:** [admin@nosweat.org.uk](mailto:admin@nosweat.org.uk)

**w:** [www.nosweat.org.uk](http://www.nosweat.org.uk)

### WOMANKIND Worldwide

"WOMANKIND Worldwide is the only UK-based charity dedicated to women's development and women's human rights globally.

Our vision is of a future society in which women can take their place as equal partners in determining the values, direction, and governance of their community and country - for the benefit of all. Aiming to ensure that women's rights are recognised, we believe that the best people to help women are women themselves. We work with local groups to help them find their own solutions, assisting them in their efforts to find a path that leads away from discrimination to equality. At present we have over seventy partners in twenty countries."

2nd Floor. Development House

56-64 Leonard Street, London EC2A 4JX

**t:** 020 7549 0360

**f:** 020 7549 0361

**e:** [info@womankind.org.uk](mailto:info@womankind.org.uk)

**w:** [www.womankind.org.uk](http://www.womankind.org.uk)

*THE REFRAIN 'YOUNG WOMEN DON'T CONSIDER THEMSELVES FEMINISTS' COMES AT US FROM ALL SIDES... THE TRUTH IS THAT A LOT OF US DO CONSIDER OURSELVES FEMINISTS.*

Barbara Findlen, 'Listen Up'



# NUS WOMEN'S CAMPAIGN HISTORY

## 1971

First NUS Women's Liberation Conference held in Oxford

## 1986

Election of the first NUS National Women's Committee

## 1975

The NUS introductory booklet 'NUS is Your Union for 1975-1976' contained a section on Women in Society for the first time

## 1987

**Julie Grant**, the first NUS National Women's Officer, took office

## 1984

A Women's Unit was established in NUS HQ with two staff members

One of her first actions as NUS National Women's Officer was to organise a procession of women at National Conference to lay hundreds of flowers in memory of the women who had died from the effects of back street abortions.

## 1988 – 89



l-r] Lesley Smith-VP Education; Chrissie Oldfield-Women's Officer (staff); Kate Steel-NEC; Michelle Wickett (staff)-assistant to Chrissie; Vicky Phillips-VP Welfare, later NUS President.

**Caroline Flint** worked in NUS Women's Unit.

Caroline Flint is now the Labour MP for the Don Valley constituency in South Yorkshire, and has been Minister of State for Public Health since May 2006. Her ministerial responsibilities include health inequalities; drug and alcohol misuse; tobacco; physical activity; diet and nutrition; communicable diseases and sexual health.

## 1985

An NUS training day was first held for women

The Women's Library has an archived account of the women's movement, including actual banners made and waved by the Suffragettes all those years ago.

w: [www.londonmet.ac.uk/thewomenslibrary](http://www.londonmet.ac.uk/thewomenslibrary)

## **NUS NATIONAL WOMEN'S OFFICERS AND THE NAME OF THEIR UNION WHEN ELECTED:**

**1987 – 1988**

Julie Grant, Manchester University

**1988 – 1989**

Gill Lewis, Central London Polytechnic

**1989 – 1990**

Natalie Jennings, UC Aberystwyth

**1990 – 1992**

Janine Booth, North Trafford CFE  
(previously Manchester University)

**1992 – 1993**

Siobhan Endean, Stirling University

**1993 – 1994**

Alice Sharp, Newcastle University

**1994 – 1995**

Sarah Wellings, Ripon and York St. John

**1995 – 1997**

Alison Brown, NEC (previously Sheffield College)

**1997 – 1999**

Anita Goldsmith, Manchester University

**1999 – 2001**

Helen Russell, Leeds University

**2001 – 2003**

Kat Fletcher, Leeds University (previously Sheffield College and recently NUS National President)

**2003 – 2004**

Hannah Essex, Essex University (went on to be NUS Vice-President Education)

**2004 – 2006**

Jo Salmon, NUS Wales Women's Officer  
(previously UW Lampeter)

**2006 – 2007**

Kat Stark, Warwick University

Information from 'Respected not respectable - A History of the National Union of Students' (publication forthcoming), by Mike Day and Judith Broadbent

**WHEN I DARE TO BE POWERFUL – TO USE MY STRENGTH IN THE SERVICE OF MY VISION, THEN IT BECOMES LESS AND LESS IMPORTANT WHETHER I AM AFRAID.**

Audre Lorde, black lesbian poet, author and activist